

Crea... ⌘K

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STIMULUS:

A creative stimulus is anything that provokes or inspires creativity. It can be a wide range of things, from a piece of art, music, or literature to a walk in nature, a conversation with a friend, or even a problem that needs solving.

Essentially, it's anything that sparks ideas or ignites the imagination, prompting individuals to think innovatively and create something new.

(Literally) anything can stimulate us and cause us to want to act/create. (There are stories all around us. It's up to us to find them!)

EXPLORATION:

Creative exploration is the process of engaging in activities or experiences that foster creativity and innovation. It involves experimenting with different ideas, perspectives, techniques, and mediums to discover new possibilities and approaches.

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